

**Sunday 10.30am online worship**

To join, go to [www.romfordbaptist.org.uk/live](http://www.romfordbaptist.org.uk/live)

**Prayer and reflection, Sunday 6pm**

Zoom link - <https://zoom.us/j/995609419?pwd=MnlTFiGNG92VTIBWFVSRy83bGNrQT09>

**This week:** to join any of these, please click the appropriate link below.

If you need any assistance with Zoom, please call Ruth in the office between 9.30am-1pm Mon-Fri.

**Monday Discipleship Explored, 7.30pm – via Zoom**

<https://zoom.us/j/184774733?pwd=citET1BhU3pGK2lMN3pqd2p2VIB3UT09>

**Tuesday prayer, 8pm – via Zoom**

<https://zoom.us/j/655662154?pwd=QUxsQUhWTU9VV01QeFIUZWhrc0VSUT09>

**“The virtual Meeting Place.” Wednesday at 10.30am, coffee and chat (bring your own coffee!) – via Zoom**

<https://zoom.us/j/760525404?pwd=bFRJdTdkSW5xZFA1MmFyWmJ2YitnZz09>

**Wednesday at RBC, 7.45pm – via Zoom**

<https://zoom.us/j/101756951?pwd=aDBCTXBFeEhpcS9uWU83MVB6QlhSZz09>

**Thursday morning, 9.30am prayer & study – via Zoom**

<https://zoom.us/j/648875995?pwd=OWE3T0lxdDZtYXY1azR4VUM2V0JhZz09>



**Grapevine** will hopefully be on the website soon.

**Church meeting** (1st April) is now postponed.

**Prayer needs:**

Please continue to pray for: Evelyn Brown, Joyce Burgess, Rita Gearing, Bill Romain, Lilian Wingate, Jean Eke, Brian Sharp, Pauline Yates, Yemi & Jide Fawunmi, and all recently bereaved. All who are affected by the Coronavirus.

Winter Gardens: Pray for Winter Gardens at this time too.

All who are struggling with physical & mental health issues. Thank God that He knows them even if not named publicly.

Gordon & Barbara Palmer would like to say thank you for all your prayers, love & messages as Barbara went through surgery then chemo. We were both uplifted by all of the above from our church family. Barbara will continue with checks every 3 months so please continue to pray.

Congratulations to Rodney & Priscilla Eborn on their Ruby Wedding Anniversary, this Sunday, 29th March!



## Youth and children

1. **RBC Kingdom Kids TV:** this will be loaded on to the website for you soon: [www.romfordbaptist.org.uk/kktv](http://www.romfordbaptist.org.uk/kktv)
2. **RBC Youth Stream, Sunday, 12.30pm:** a live interactive resource for young people, school years 6– 13. For your young person to access using Zoom, please use the following link: <https://zoom.us/j/811831564?pwd=Q2dCcHdzRmZpTE5rZkI4bDRNNWNqQT09> Sessions will be recorded for Safeguarding Purposes.
3. **Online Youth Mentoring:** If your young people would like to take part in group or one-to-one mentoring from Hannah Griffiths, Children, Youth & Families Worker, via zoom, please email [office@romfordbaptist.org.uk](mailto:office@romfordbaptist.org.uk) with an appropriate email address for them to be contacted. Sessions will be recorded for Safeguarding Purposes.
4. **Mid-Week Uploads:** This site has hundreds of children's stories read by famous actors with clever animation. You can also download the storybooks & a discussion guide for families to do together. Here is the first story: <https://www.storylineonline.net/books/arnie-the-doughnut/>

### Foodbank requirements:

eggs                  pasta  
toilet rolls                  soap  
shower gel                  shampoo  
washing up liquid  
toothbrushes/toothpaste  
tinned potatoes  
coffee                  sugar

Please bring any donations  
between Mon-Fri 9.30am-1pm  
to the side door, ring the  
doorbell and leave the donations  
by the door.

## Free Daily Resources For Children



### **PE with Joe Wicks On YouTube**

Week days at 9am but you can visit any  
time on youtube to view the workout.



### **Wildlife With with Steve Backshall On Facebook**

Every day at 9:30am for answering all your wildlife, biology,  
conservation, geography and exploration questions.



### **Science with Maddie Moate on YouTube**

Weekdays 11am. Maddie & Greg chat about  
science and nature!



### **Dance with Oti Mabuse On Facebook**

Every day at 11.30am but children can view the  
class at any time.



### **Maths With Carol Vorderman**

Free access to the her maths website:  
[www.themathsfactor.com](http://www.themathsfactor.com)

### Photo challenge

This week we would like as many people as possible to send in  
a photo of your family or yourself at the online worship. The  
pictures can be selfies, or other, you can be waving or  
whatever you like. If you can send them in either by  
WhatsApp to Ian or by email (preferred) to  
[office@romfordbaptist.org.uk](mailto:office@romfordbaptist.org.uk)

We will then try and include in next week's worship a photo  
montage of these pictures to continue to connect us  
together.

Can we get to 100 pictures?

### RBC helpline:

The RBC telephone helpline is open from  
9.30am-1pm. If you have any practical  
needs, need prayer or just someone to  
talk to, please call 01708 743382 (option  
1) and a staff member will be there to  
answer.

We have also set up a new Facebook  
group (RBChelp) for people to ask for help  
or if you can offer help with collecting  
prescriptions, shopping etc.

**But just as he who called you is holy, so be holy in all you do; for it is written: 'Be holy, because I  
am holy' (1 Peter 1:15-16 - RBC Year Text)**